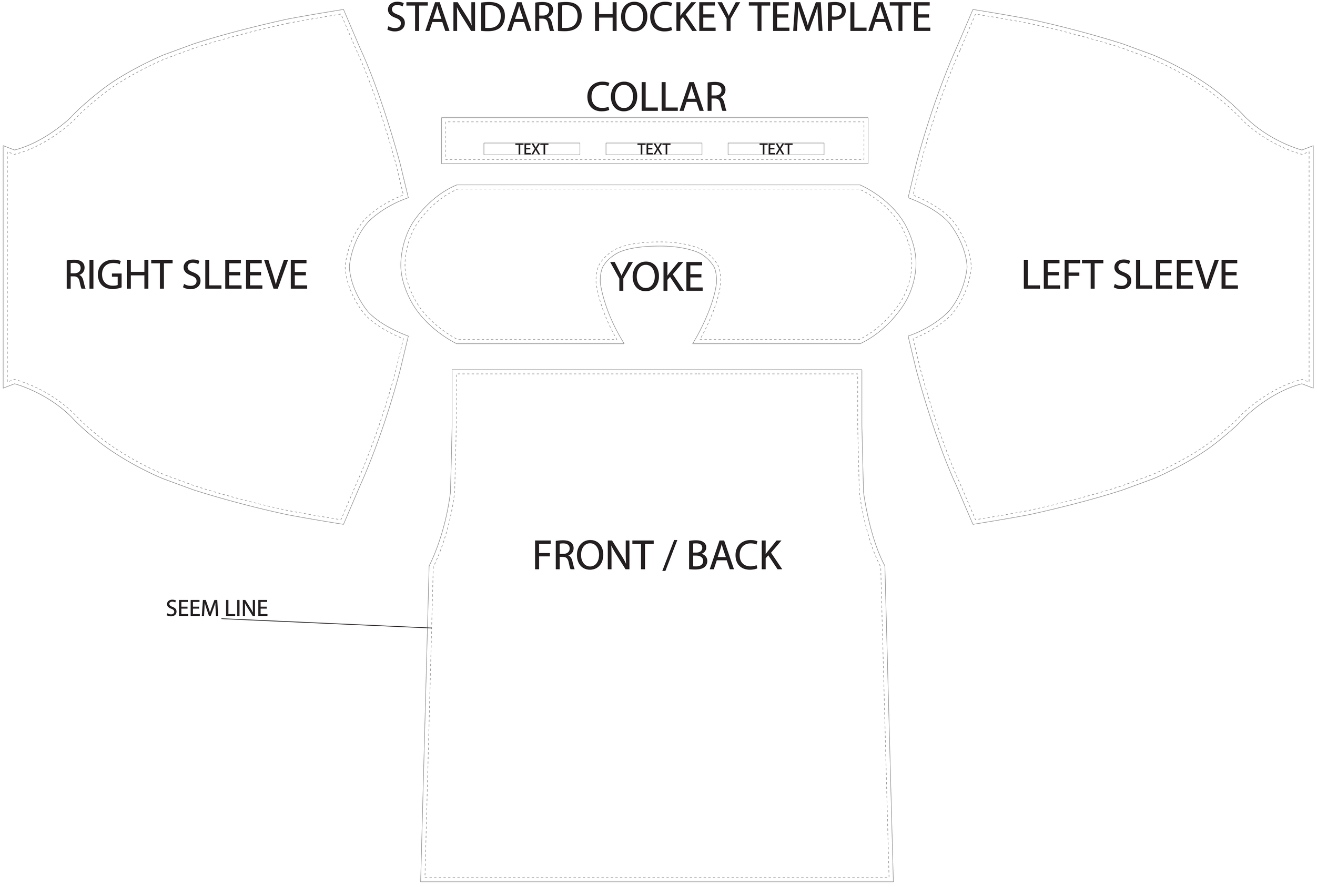STANDARD HOCKEY TEMPLATE